

IMBIBING LEARNING ATTITUDE

(REVISION TIPS)

1. Know Yourself:

You should be very honest and truthful towards your current status of subject content learned so far. It's time to reflect and reinforce content understanding, and concept clarity; enrich your written expression, and embellish your content presentation. It's also a time to analyse the whole syllabus; chapter-wise and topic-wise to highlight the areas which require further revision to be accomplished before the final evaluation. During this period, don't just read notes; take deeper dive to attain profound understanding of the subject contents and concept, which can enhance your confidence, bring satisfaction, and a feeling of joyfulness. It's not enough to just know the content, but one should be smart enough to structure, present and deliver the learned content in a most lucid and attractive manner to the evaluators.

2. Inner Readiness:

You should always feel happy and willing to carry forward your Revision Work. If you are not willing to learn, no one can help you. If you are determined to learn, no one can stop you. Therefore, your inner determination, strength, and positive vibes are the keys to bring desired outcome.

3. Personal Care:

During revision, always wear comfortable clothes, preferably loose fitting clothes. Do not invite worry and stress in the form of comparison and competition among your class mates. Always fall in love with yourself to learn how to learn. Loving yourself is the most crucial step during revision, therefore, take proper sleep, and eat carefully. Proper rest and relaxation are other essential components to take care of during revision. Select your food properly; avoid those which take longer time to digest. Always go for light and nutritious food. Maintain proper body posture to retain flow of energy from your spine and reuse the same through natural blood circulation.

4. Study Space:

Prepare your study space as per the availability of resources. But the space should be well ventilated with good lighting facility, clean and welcoming. Selection of table,

chair, mat, cushion, and its arrangement should be proper to give comfort and a relaxed atmosphere. Don't be a demanding and complaining child. Demanding and complaining child cannot study properly, because he/she is after becoming. Learn to enjoy what you are and be yourself, the most precious human being.

5. Scheduling:

Early start is the best in doing revision. Do not procrastinate; revision should be planned right after the completion of syllabus. From its very outset, engage in preparatory activities with less doses of revision, but the mind-set should be drawn in the revision atmosphere. Frame a timetable which best suits your availability of time and space. Quality of time spend is more important than length of time. Two hours, or at the most three hours per day is more than enough to make your revision the best among the bests. At the same time, it is essential to continue to engage yourself with daily routines; such as prayers, family TV time, and more importantly, giving helping hand to your parents in household chores, kitchen work, etc.

6. Self-Discipline:

For a disciple, self-discipline is the most important factor to bring out the best in you to the world. Positive motivation, and self-discipline are the biggest energy boosters for self-growth and development. Self-discipline is the only factor, which can put you at ease with studying. You can change the scheduling, and other things but we have to accept the core meaning of discipline during revision period, and of course, throughout life.